

## 20\_\_ Compelling Vision and Game Plan

*Here are some ideas to get you started.*

**Faith:** Attend church or place of worship, attend small groups, Bible study, read the Word consistently, donate, volunteer, prayer, living the message.

**Family/Fun:** How many summers to you have left? Make them count! Weekly date nights with spouse, dates nights with kids, dancing & concerts & plays, recreational activities - golf, fishing, picnics.... catch the kids doing things right, trips with the kids, vacations without the kids

**Health/Vitality:** Live the 3% lifestyle. be pill free, Get Switched On smoothie 4x a week, keep weight under \_\_\_\_\_, waist at \_\_\_\_\_", minimum \_\_\_\_\_ workouts a month, body fat under \_\_\_\_\_%, No soda, cut out \_\_\_\_\_, drink at least \_\_\_\_\_ ounces of water a day, bring cooler with healthy food each day, continue push-up app > minimum of 20,000 for the year, massage monthly

**Personal Growth:** Live the 4% solution, one non-fiction book a month, read magazines, listen to a podcast a day, keep learning to become more valuable, consistent patient attitude, let go of being right, keep up with my Journal, what will you study or improve this year?

**Finances:** Income \$\_\_\_\_\_, \$\_\_\_\_\_ in Retirement, \$\_\_\_\_\_ college savings, Emergency Fund at \$\_\_\_\_\_, donate \$\_\_\_\_\_, continue to support those in need - which charities to support, where to volunteer

**Business/Career:** put in your specific business and career goals...

**What is my why?** What are your compelling reasons to achieve these goals?

**Who must I be to live this** - Example > Continue to walk my talk on my message and be an example for my family and audiences. Live my life so I am congruent on stage with my message. Consistently become more valuable to continue my career. Live habits to maintain high levels of health and vitality and build immune system to have high quality life at 100. Live my life so I am a shining light for the Holy Spirit. Be light, be magic, be possibility.